

Alter Ego Feis

Hosted by the Watters School of Irish Dancing
www.OrlandoFeis.com

Member of the North American Feis Commission (President – Jim Graven)
Member of An Coimisiún le Rincí Gaelacha, Dublin, Ireland

Sunday May 24th 2020

Back to back with the Orlando Feis

Venue – Rosen Centre, 9840 International Drive, Orlando, FL 32819
For reservation information, please see website: www.OrlandoFeis.com

NO DANCING COSTUMES!

*Dress up as your alter ego; your favorite superhero, princess or
whatever character you want to embody for the day!*

Gerry Campbell Senior Belt
Robert Gabor Junior Trophy
George Sweetnam Minor Trophy
Peter Smith Ceili Competitions
NAFC Championships, Lake Geneva, WI – March 1st 2020
Under 15 Edward Callaghan Music Scholarship
East Durham Feis - August 22nd 2020
15 and Over James Brennan Music Scholarship
Buffalo Feis - June 6th 2020

For full list of adjudicators and musicians, see website: www.OrlandoFeis.com

Syllabus approved by Maureen Armstrong ADCRG on behalf of IDTANA Southern Region
Approval date: February 13th 2020

Grade Exams

Saturday May 23rd & Sunday 24th 2020

Register for Grade exams at www.Feisworx.com
See www.Orlandofeis.com for Grade exam syllabus

Grade exam application cut-off date: May 8th 2020 (or when 150 exams are paid for)

NO LATE CUT OFF DATE, NO LATE ENTRIES

Number of exam applicants will be capped at 150 exams

Grade 1 through 10 offered.

Feis Entries

Enter at www.feisworx.com

Entries will be capped at 700 dancers

Feis entry cut-off date: May 8th 2020

Late fee of \$20 per dancer after May 8th through May 18th.

No online entries after May 18th.

However entries will be taken on the day of the feis with a \$20 late fee.

No online changes to entries after May 18th.

However changes will be taken on the day of the feis with a \$10 fee, per dancer.

PRE-ADMISSION FEE:

All families will be subject to a one time pre-admission fee at the time of registration. There will be no wrist bands sold on the day so please feel free to bring your friends and family to the feis, at no extra charge.

Solos	\$10 per dance
Figures	\$8 per dance
Trophy competitions	\$13 per dance
Art Competition	\$13 per entry
Prelim Championship	\$40 (Includes 2 extra solo results)
Open Championship	\$45 (Includes 2 extra solo results)
Adult Non champ Championship	\$35
Pre-admission fee	\$20 <i>(Includes digital program)</i>
Family maximum	\$120* <i>(does not include Pre-admission fee, late fee, change fee or Feisworx service fee)</i>
Late fee <i>(after May 8th through May 18th)</i>	\$20 per dancer
At-the-feis changes	\$10 per dancer

Age groups will be merged or split to facilitate favorable numbers in each competition, within the constraints of the NAFC & Southern region rules.

Competitions

BEGINNER

	Reel	Light jig	Slip jig	Single jig
Under 5	105RL	105LJ	105SJ	105SN
Under 7	107RL	107LJ	107SJ	107SN
Under 9	109RL	109LJ	109SJ	109SN
Under 11	111RL	111LJ	111SJ	111SN
Under 13	113RL	113LJ	113SJ	113SN
13 & Over	114RL	114LJ	114SJ	114SN
Adults	199RL	199LJ	199SJ	199SN

ADVANCED BEGINNER

	Reel	Light jig	Slip jig	Single jig	Treble jig*	Hornpipe*
Under 5	205RL	205LJ	205SJ	205SN	205TJ	205HP
Under 7	207RL	207LJ	207SJ	207SN	207TJ	207HP
Under 9	209RL	209LJ	209SJ	209SN	209TJ	209HP
Under 11	211RL	211LJ	211SJ	211SN	211TJ	211HP
Under 13	213RL	213LJ	213SJ	213SN	213TJ	213HP
13 & Over	214RL	214LJ	214SJ	214SN	214TJ	214HP
Adults	299RL	299LJ	299SJ	299SN	299TJ	299HP

* Traditional speed only

NOVICE

	Reel	Light jig	Slip jig	Single jig	Treble jig	Hornpipe
Under 7	307RL	307LJ	307SJ	307SN	307TJ	307HP
Under 9	309RL	309LJ	309SJ	309SN	309TJ	309HP
Under 11	311RL	311LJ	311SJ	311SN	311TJ	311HP
Under 13	313RL	313LJ	313SJ	313SN	313TJ	313HP
13 & Over	314RL	314LJ	314SJ	314SN	314TJ	314HP
Adults	399RL	399LJ	399SJ	399SN	399TJ	399HP

PRIZEWINNER

	Reel	Light jig	Slip jig	Single jig	Treble jig	Hornpipe
Under 7	407RL		407SJ		407TJ	407HP
Under 9	409RL		409SJ		409TJ	409HP
Under 11	411RL		411SJ		411TJ	411HP
Under 13	413RL		413SJ		413TJ	413HP
13 & Over	414RL		414SJ		414TJ	414HP
Adults	499RL	499LJ	499SJ	499SN	499TJ	499HP

TROPHY COMPETITIONS

	Non champ Trad set	Non champ Treble reel	Non champ Non-Trad Set	All levels Trad set	All levels Treble reel	Champ Treble reel	Champ Trad set	Prelim Non-Trad set
Under 9	409TS							
Under 10	410TS	410TR	410NT					
Under 11	411TS							
Under 12	412TS	412TR	412NT			612TR	612TS	512NT
Under 13	413TS							
Under 14	414TS	414TR	414NT			614TR	614TS	514NT
14 & Over	415TS	415TR	415NT					
Under 16						616TR	616TS	516NT
16 & Over						617TR	617TS	517NT
Adults				499TS	499TR			

ART COMPETITION – 3 dimensional

Competitors of any age can enter by submitting a piece of art at the registration desk from Friday evening onwards, up to 1pm on the Sunday of the feis. **Artwork must be Irish in theme & must be 3-dimensional.**

Results will be posted on Sunday afternoon.

The competition may be divided into age groups depending on the number of entries.

For 2-dimensional artwork, see the Orlando Feis on Saturday May 23rd.

993-D

CHAMPIONSHIPS

	Preliminary championship <i>Awards will be given for solos also</i>	Open championship <i>Awards will be given for solos also</i>		Non champ Championship <i>Prepare for Oireachtas solos</i>
Under 9	509	609		
Under 11	511	611		
Under 13	513	613		
Under 15	515	615		
Under 17	517	617		
17 & Over	518	618		
Adults				499CH

All championship dancers will perform the HARD shoe round first.

Non-champ Championship:

Open to Beginner, Advanced beginner, Novice or Prizewinner dancers, competing in the Adult categories. This is a chance to practice for the Oireachtas Adult championship.

Dancers will perform Treble Jig (48 bars) or Hornpipe (40 bars) AND Reel (48 bars) or Slip jig (40 bars) AND Trad Set

Children's Championships:

If there are 3 or more boys in any Open championship they will be split from the girls.

If there are 5 or more boys in any Prelim championship they will be split from the girls

Dancers in Preliminary Championship will dance Treble Jig or Hornpipe AND Reel or Slip jig.

Dancers in Open Championship will dance Treble Jig or Hornpipe AND Reel or Slip jig AND Set dance.

FIGURES

	2-hand	3-hand	4-hand	8-hand
Under 10	912	913	914	918
Under 13	922	923	924	928
Under 16	942	943	944	948
16 & Over	952	953	954	958
Adults	962	963	964	968

Family Dance	972
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Dancing Competition Rules

**Adopted By The North American Feis Commission, 2015
EFFECTIVE JANUARY 1, 2016**

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
 2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A Feis can only accept entries from pupils of teachers registered with An Coimisiún, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside.
 3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event)
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor’s name or number, etc.
- Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to a situation where competitors are involved in stage conflicts.
 5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - a) Must compete in their own age group.
 - b) Must be prepared to perform two steps in each event.
 - c) Cannot change competition on the day of the Feis.
 6. Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
 7. Competitor’s number must be worn and visible to adjudicators when performing in all competitions, use of reflective plastic number covers is discouraged.
 8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
 9. Complaints regarding the running or rules of a Feis must be in writing, stating names and other factual information and signed by the complainant. A ten-dollar fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
 10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.

11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of _____ (Determined by the Feis).
14. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of set dance. Entrants cannot change competition or category on the day of the competition.
 - a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.
 - b) Dancers must compete in the preliminary championship competition in order to qualify for open championship
 - c) The regional syllabus where the Feis is being held may have different qualifications for entry.
15. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA.
16. Preliminary Championships are open to those who, at any NAFC recognized Feis:
 - a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
 - b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
 - c) The regional syllabus where the Feis is being held may have different qualifications for entry.
17. Championships and Preliminary Championships require at least three adjudicators.
18. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
19. The status of the dancer does not change unless there are five or more dancers in a competition.
20. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may *combine two consecutive age categories into the higher of the two categories within that grade* when less than five (5) competitors are entered.
21. **Beginner Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.

Advanced Beginner Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.

Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.

Open Grade (Prizewinner): A competitor who does not qualify as a beginner, advanced beginner or as a novice.

Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.

23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.

24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group. A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc.)

25. In matters pertaining to adjudication, the decision of the adjudicators is final.

26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.

27. First Feis (if offered), Beginner, and Advanced Beginner dancers are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds. Adult dancers are allowed to dance traditional or Oireachtas speed dances in the novice and prizewinner grade levels, but this does not apply to contemporary set dances.

28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction

29. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.

A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).

30. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.

31. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.

32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

33. Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. Once the Feis has closed for entries the adjudicators names may be removed from the Feis website. One third of the adjudicators are to be from outside the region where the Feis is being held.

34. Competitors in girl's competitions at the First Feis (if offered), Beginner and Advanced Beginner Grade will wear only the competitor's dancing School costume or a skirt and blouse.

35. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.